

INSIDE THIS ISSUE:

8th Annual Lake Ridge Golf Tournament	1
Lake Ridge Real Estate Updates	2
The Mansfield Road Project	4
Lake Ridge Clubhouse and Office	6
Lake Ridge Financial Update	8
What Would Happen to Your Pet...	10
The Real Ladies of Lake Ridge	12
Hillside Village Gets a Makeover and New Stores	13
New Business Coming to Cedar Hill	14
Staying Connected	15
Hoarding Disorder	16
Community News	18
Thank You Station 214	21
A Safety Message	22
The Greens in Lake Ridge	24
Love Living in Lake Ridge	26
Meet the Neighbors	27
A Gardener's Secret	28

Lake Ridge Facts:

- 3,200 total acres
- Over 50 miles of street not including The Summit, The Greens, The Preserve or The Sanctuary
- 23 acres of manicured, fertilized turf not including the gated communities
- 30,000 square feet of flower bed area
- 8,200 pots of plants needed for change in seasonal plants
- 1,100 homes in the Lake Ridge community

It's Time for the 8th Annual Lake Ridge Charity Foundation, Inc. Golf Tournament

By Chad McCurdy

It's hard to believe that fall is almost here...and that means our 8th Annual Charity Golf Tournament is just around the corner.

We have:

- seen participation for our tournament go from approximately 60 players to almost 120 this past year.
- raised and donated \$78,514 to local charities through contributions from our sponsors.
- brought new people to our community that might not have otherwise visited, and
- created immeasurable goodwill towards our community

The beneficiaries of this year's tournament are: PAWS for Reflection, Bridges SafeHouse, Cedar Hill Police Department, Lake Ridge Elementary, and CHAT. In addition, we will once again support Cedar Hill Shares and Grand Prairie Food Bank.

Our sponsorships range from the Hole at the Tournament at a cost of \$200, to a Premier Sponsorship at a cost of \$2,500. The fees paid by our golfers only cover the cost of their participation in the tournament, so we rely upon our sponsors for all donations. Every single one of our sponsors makes this possible, and we are truly thankful for their support.

The message that we really want to convey here is that this entire process is not really about golf. Yes, we do play golf and we have a great time, but this is about making a difference in our community. Last year we decided to start holding the tournament every first Saturday in November. Our hope is that this will make it easier to remember and it takes away any conflict with the State Fair or the Texas vs. OU football game. The registration site is still the same, www.lakeridgecharitygolf.org, so please register and join us for a great day of golf.

The cost per golfer is \$100 if you register before October 25 and after is \$125. You can also purchase additional mulligans for \$5 each or just bring 5 cans of food for each mulligan. Sign up at www.lakeridgecharitygolf.org or come by the office at 100 Lake Ridge Parkway and we will be happy to assist you.



Lake Ridge Real Estate Updates

by Elaine Cook, Realtor - The Michael Group

Some exciting news----In the last 90 days, 9 house have sold and all appear to be private sales. We currently have:

- 37 active homes on the market (only 3 are listed as bank owned)
- 1 moving out
- 3 contingent offers
- 9 pending sales

If all 13 houses currently under contract continue to process and close, then the next 90 days will have more sales than the last 90 days, which means we are moving in the right direction!

Interesting stats for you:

- The median sale price was \$107 square foot for last quarter.
- Today the average time on the market is over 115 days.

We do have a lot of inventory in our community, but the good news is that the mortgage industry is actively advertising for new clients and loaning for first and second homes.

There are qualified buyers looking at Lake Ridge every day. Some of those will find a house to buy. Some may choose to buy lots and build. New home building is happening. Building permits indicate that our neighbors are improving their properties. This is a great place to live. Lake Ridge is gorgeous and easily accessible to the entire area.

Construction activity for the past year:

- Homes submitted for construction is 74, other projects that include pools, fences, patios and etc. are 72 projects.

Thanks for your time and attention.

Elaine S Cook Realtor

The Michael Group Real Estate and Property Management



ACKNOWLEDGEMENTS

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Jackson, Roshanda Lewis, Chad
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IMPORTANT NUMBERS

Please make note of the following
phone numbers for the Property
Owners Association of
Lake Ridge offices:

Carolyn Rollwitz - 972-299-5270

Kimberly Brown - 972-293-2243

FAX number - 972-293-7119

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The Mansfield Road Project

by Chad McCurdy

The Mansfield Road project has been progressing even though no real construction has yet taken place. The city has been working with utility companies to locate and relocate utilities. There has also been a number of redesigns based upon the location of property lines and easements.

The good news for Lake Ridge residence is that as a result of the Mansfield Road project, many of the much needed improvements are going to now be performed. The bad news is that there may be points during construction where some traffic is rerouted through Lake Ridge. The city was able to create some cost savings in the Mansfield Road project and use those savings to pay for improvements on Lake View.

The construction on Lake View is scheduled to begin in October and completion by February 2016. They do not have the budget dollars to redo the entire roadway, but they are going to cut out and replace the worst sections of the road. This also includes several areas where the curb itself has failed.

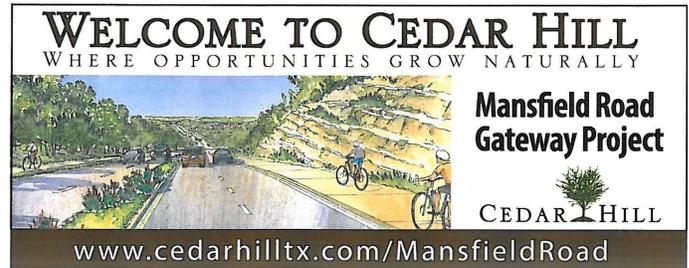
The intersection at Lake View and Mansfield Road is going to be redone, and the intersection at Mansfield Road and Lake Ridge Parkway is going to be redesigned before being reconstructed. There will be traffic lights at Lake View and Mansfield Road and the intersection of Lake Ridge Parkway. This should eliminate some of the congestion and difficulty with turning left on Lake Ridge Parkway at that intersection.

The city has cautioned us that while they have attempted to locate all of the utilities in the area, many of the designs are old or nonexistent. What this means is that once construction and excavation actually begins on Mansfield Road, there is a distinct possibility that service could be interrupted at various points. This includes water service, electric service as well as local phone service from AT&T.

The project is projected to be completed in the Fall of 2017 and it's going to completely reshape the western entrance into Cedar Hill from Grand Prairie coming across the lake. There may be some inconvenience during the process but it's going to be worth the effort!

Watch for updates on the cities' website www.cedarhilltx.com.

Contact person for this project is:
 Steve Schell, City of Cedar Hill Engineer
Steve.schell@cedarhilltx.com
 972-291-5126 Ext. 2839



HOT OFF THE PRESS. . .
Just got word on a date change for Mansfield Highway Project.
The ribbon cutting is on October 15th at 2 p.m., not on October 16th

EVENT	DATE
Franchise Utility Relocation	Ongoing – Complete by January 2016
Partnership/Pre-Construction Meeting	September 18, 2015
Ground Breaking	October 16, 2015
Construction Begins	September 28, 2015
Construction Complete	Fall 2017



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Lake Ridge Clubhouse and Office

by John Westmoreland

Lake Ridge homeowners, you are all cordially invited to come visit your new clubhouse and office suites at 100 Lake Ridge Parkway. The renovations are complete and the facilities are available for the use of all Lake Ridge homeowners.

The exterior of our building has been completely refurbished. All weathered wood trim and siding replaced and painted. The roof has been sealed for leaks and many of the windows replaced. The owls that had taken up residence in our tower attic have been relocated to a local tree apartment and the view from the tower is a sight to be seen by all. The decks have been rebuilt and the rotted wooden deck supports replaced with steel columns and beams.

The Lake Ridge Management offices are all spiffed up and still located in the building on the first floor. They are usually open to homeowners during normal working hours between 8:30AM to 5:00PM. (If Carolyn or Kimberly have to be out they will leave a time when they will return.)

We have four individual offices on the second floor that are being leased by businesses. The income from these offices are covering most of our operating cost of the building.

We still have one large room on the second floor. It is available for lease for a business at this time. It could become a community room if we see the need in the future.

The area in the building that we are considering to be the "Lake Ridge Club" is the large room that is immediately inside the front door of our building. This room has been extensively redesigned for the specific purpose to serve as a multipurpose room for our community. A description of the facilities are as follows:

1. A large meeting room (32' x 26') that has been opened up to accommodate parties, or club meetings, or yoga classes, or country western hoedowns, or family reunions, or Bible studies, or demonstration classes, or chess clubs, or chili cook-offs, or exercise sessions, or garden club demonstrations and meeting, or whatever you can dream up.
2. A small kitchen with an adjacent counter large enough for serving a feast.
3. A large pond side open deck (27' x 30') that is directly accessible from the meeting room and from the parking area.
4. An even larger upper deck (23' x 80') that has 4 built in tables and benches that can easily seat 40 people, that also overlooks the beautiful pond (with future fountain).
5. Parking for 13 cars.
6. The largest barbeque pit to be found on this side of Dallas that just needs someone that is willing to build a fire and throw on some steaks or hamburgers.

The large meeting room and decks can be used, free of charge, for any free functions that are open to the entire Lake Ridge community (i.e. garden club, yoga, etc).

In the near future, homeowners will be able to rent the facilities for special occasions. The fees will be determined in the near future. Call Carolyn for details at 972 299-5270.

The renovations will be complete by the time this newsletter goes out, so drop by for a cup of coffee and see all the improvements to your Clubhouse. We are excited to see the activity that will surely take place for years to come in this Lake Ridge Community building.

***LET'S KEEP LAKE RIDGE BEAUTIFUL
A CHALLENGE FOR ALL***

Our community is in one of the most beautiful areas of North Texas. We have an abundance of nature, wild life, lakes and trees surrounding our environment--- which is one reason that most of us have chosen to build our homes and raise our families here.

Our community continues to grow with more and more homes being built and families moving in. With a growing population, come the challenges of keeping the consistent standards of beauty and maintenance...which will continue to keep Lakeridge a Premier Community and property values high.

My challenge for all homeowners, land owners, friends and relatives is:

TAKE PRIDE IN YOUR COMMUNITY

And for all individuals to take greater responsibility for improving and maintaining our community and your personal environments.

I often talk with Lake Ridge neighbors and one of the greatest frustrations is the inconsistent maintenance of property. The majority of our neighbors work hard to maintain a beautiful environment-The simplest actions can make the greatest difference between an attractive community and one that is on the verge of negligence---

Just a few of those simple solutions:

LAWN MOWING, LAWN EDGING, BLOWING GRASS OFF SIDEWALKS

WATERING LAWNS AND WEEDING

DON'T THROW OR DROP TRASH----- INSTEAD PICK UP LITTER AND TRASH – IF YOUR IN CEDAR HILL USE YOUR TRASH CANS, NOT BAGS—IF YOU ARE IN GRAND PRAIRIE DON'T PUT YOUR TRASH OUT TOO EARLY AND TRY AMMONIA IN THE BAGS TO KEEP THE BIRDS AWAY--- BIRDS LOVE THE BAGS AND DISTRIBUTE THE TRASH EVERYWHERE

PICKING UP YOUR NEWSPAPERS ON A DAILY BASIS

ON GOING HOME MAINTENANCE-----

With some minor effort, new habits and more accountability, we will continue to keep our community one of the Premier communities in North Texas.

To the many of you who take great pride in your environment, are out at night and on week-ends working to maintain your home, and taking responsibility for your personal property

I APPLAUD YOU ALL AND THANK YOU

Let's all get on the band wagon to make Lake Ridge Great!

Lake Ridge Financial Update

by Bill Braas

We are now $\frac{3}{4}$ of the way through our financial year for the Association, so we wanted to provide you with a quick update on our results. Here are a few financial indicators that show our Association is financially alive and well:

1. We are currently under budget on our overall operating expenses by approximately \$50,000 (as of Aug. 31, 2015). This is due to the hard work by Carolyn and her staff at controlling costs and constantly looking for ways to save money.
2. Past due owner assessments plus interest continue to be pursued and collected. So far this year we have collected \$14,000 in past due assessments plus interest. Yes we do charge and collect interest on unpaid owner assessments.
3. Legal Fees charged to owners in connection with unpaid assessments also continue to be collected. YTD we have collected \$11,000 of these legal fees. Legal fees are not a budgeted expense and have to be paid by the Association from our available funds.
4. We currently have \$26,806 uncollected for the 2015 assessment which represents 107 owners. In addition, there is \$16,198 still outstanding for the enhancement fee.

We look forward to seeing all of you at our annual meeting in 2016 at which time a more detailed summary will be provided.

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It has been a pleasure serving the Lakeridge community for more than 13 years. We hope to continue to serve for many years to come!" ...Scott Stovall



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What Would Happen to Your Pet if You Didn't Come Home ... Ever?

by Stacey Copeland

Approximately 62% of households in the United States have a pet, but very few of these households have a contingency plan in place for their pets. Hardly anyone thinks they will be out lived by their pet so provisions to ensure the pets care, should the owner become incapacitated or die, doesn't cross their mind. Around 500,000 pets in shelters are euthanized around the United States each year because their guardian did not have a contingency plan in place. Many of these pets are surrendered to shelters by family members who do not have the resources to care for the pet and all efforts to find it a new home have failed. Often, these pets are old and lie out the remainder of their lives in a cold, strange place with strange people. They are so despondent that they do not eat or interact with others and are labeled as unadoptable and do not "sell" well.

Legally, animals are considered tangible personal property, but estate and trust lawyers do not think of pets as property so, when discussing estate planning with their clients, the question of pet guardianship and animal trusts are rarely asked. It is up to the pet owner to have a contingency plan in place because there is the possibility you won't come home one day. Name a couple of friends or family members committed to caring for your pet should you be hospitalized or die. If a committed person cannot be found, try other venues such as a veterinarian technician, pet sitter, and rescue groups. Bequeathing your pet in a will is good and is certainly better than nothing but remember, a will can be contested over any number of matters and held in probate (which includes the pet) for months at a time.

A good idea would be to carry a "pet card" in your wallet with your pet's name, type, name of contact person and any special care instructions. This will expedite care to your pet, by a police officer or other responsible person,

should you become incapacitated. They will know there is a pet relying on you. It is also a good idea to include this information in your estate planning material.

Another matter to consider is providing enough money for the lifetime care of your pet by calculating the pet's yearly expenses and then multiplying that figure by the pet's life expectancy then placing the funds in a pet

trust. There are, basically, two types of pet trusts; **the traditional pet trust**, recognized in all states, which allows the pet owner to specify what the designated caregiver's responsibilities will be to care for the pet and to appoint a trustee to manage the money allotted to the caregiver for the care of the pet, as well as what is to be done should the designated caregiver no longer be able to care for the pet. The second trust is a **"statutory pet trust"**, authorized in a majority of states but gives the pet owner limited decisions concerning the

terms of the trust. It is bare-bones, basic and the state fills any gaps. Not much pet owner peace of mind here!

It's your pet – it's your call, but keep in mind our pets are family and they rely on us to take care of them regardless. It is irresponsible to ignore making a contingency plan to ensure their continued care. After all, you may not come home one day.



Stacey Copeland is Owner and Top Dog of Camp Bow Wow and Home Buddies by Camp Bow Wow, a pet services company located at 519 E Highway 67, Duncanville, Texas, 75137 serving the Southwest Dallas, Texas area.

You can find more information at www.campbowwow.com/swdallas or contact directly at 972-296-9663.



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The Real Ladies of Lake Ridge

by Roshonda Lewis

THE REAL LADIES of LAKE RIDGE is a walking/running group. The Ladies come together to be healthy, fit and accountable. We meetup at Lake Ridge Elementary in Cedar Hill TX: Monday, Wednesday 7pm and Saturday 7:30am (we may do Friday's group decides). One thing we all have in common is that, Women are becoming very concerned with breast cancer, diabetes, & heart disease plaguing our community and decided to make prevention our focal point. We welcome you to join us; beginning healthy enthusiast to professional health guru. We talk about anything and everything with a focus on fitness and a healthy lifestyle. We are so much more than walker/runners too! We host fun social events such as 5K walks/runs, yoga parties, wellness potluck parties, kitchen smart, natural health parties and much more. If the thought of walking alone, keeps you from walking, join us. No fees to join the walking/ running club. Please no children or walking dogs at our walks. We have walking meetups on both sidewalk and street trails. You need only come to the walking meetups as your schedule allows and there is no pressure even to go to any meetups! We love for you to "JOIN" us on our Facebook site at: The Real Ladies of Lake Ridge.

*One of the events we are participating in.
Proceeds from this 5K Walk/Run will go to a
Spa Pampering of Breast Cancer Survivors.*



THE REAL LADIES OF LAKE RIDGE
1ST "SAY BOO TO BREAST CANCER 5K WALK/RUN"

SATURDAY, OCTOBER 31, 2015
7AM

Lake Ridge Elementary School
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MORE INFORMATION EMAIL
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Hillside Village Gets a Makeover and New Stores

by Kristi Jackson, Trademark Property

The community will have even more reasons to visit Hillside Village this holiday season thanks to a multi-million dollar renovation as well as new stores, Charlotte Russe, which opened in August, and H&M, opening Oct. 8 at noon.



HILLSIDE VILLAGE

Changes to the property formerly known as Uptown Village at Cedar Hill started this spring with a rebrand and a new name: Hillside Village. Now, the property is underway on a multi-million dollar renovation that will give the property a lush, garden-like feel and offer an even better experience for customers and tenants alike.

When construction wraps up in November, Hillside Village customers will enjoy upgraded versions of some of the community's favorite amenities, like the interactive fountain, as well as some brand new features, including a Village Green extension with added promenade and new bocce ball court. The improvements also will add shaded seating around the Village Green, a covered stage area, new play area and updated property entrance signs to reflect the new Hillside Village name and brand. Enhanced landscaping and lighting throughout the property, as well as a new public art program, round out the list of things to come at Hillside Village.

"As a Cedar Hill resident myself, it's especially meaningful to have the opportunity to share in this enhanced customer experience," said Maranda Auzenne, general manager, Hillside Village. "I can't wait for the community to enjoy the improved amenities. In the meantime, I encourage everyone to check out our new stores and stop by to see the progress we're making on renovation efforts."

This will be an exciting holiday season for Hillside Village, and in the meantime the property's 65+ tenants, including Dillard's, Charming Charlie, Buckle, ULTA Beauty, Express, James Avery, Old Navy, Papaya, The Children's Place and Victoria's Secret, are open for business. To learn more about the improvements and upcoming events, please visit www.shophillsidevillage.com.



**8th Annual Lake Ridge
Charity Foundation, Inc. Golf Tournament
November 7, 2015**

New Business Coming to Cedar Hill

by Erica Molett, Manager, Business Retention & Expansion Program Cedar Hill

What an exciting time to live, work, and play in Cedar Hill! Cedar Hill's robust development has made it a prime location for commercial, industrial, residential, retail, and recreational opportunities. Located in the beautiful hill country environment of Joe Pool Lake and Cedar Hill State Park, Cedar Hill is the natural choice for those who want big-city amenities with a small-town ambience. Cedar Hill has become the retail hub for Southern Dallas County, with over 3 million square feet of retail and Class A office space. As you will see from the list of new businesses coming to Cedar Hill, our reputation for strong economic vibrancy is no secret!



Firehouse Subs – Open Now

Address: 352 N Hwy 67 (near Sprouts Market)

Description: "Founded by Firemen, Firehouse Subs specializes in hot subs and submarine sandwiches made with premium meats and cheeses, steamed to perfection, then piled high on a toasted private recipe sub roll. Catering available."



Chapa's Tacos – Open Now

Address: 244 S. Hwy 67 (near Cedar Hill High School)

Description: If you love authentic street tacos piled with barbacoa, lengua, chicken, or pork, onions, cilantro and a lime ... or crave quesadillas, gorditas, and burritos, topped with fresh homemade salsas, pico di gallo, and cheese... You have been waiting all your life for Chapa Tacos. The Chapa family will welcome you into this cozy spot with warm smiles and lots of love (which happens to be their secret ingredient).



Bobcat of Dallas – Open Now

Address: 616 Jealousie Way (near US Highway 67 and Tidwell Rd)

Description: Bobcat sets the industry standard on offering a premium product backed by friendly, knowledgeable employees, and premium dealership service and support. Whether you buy or rent a Skid-Steer Loader, Compact Excavator, Track Loader, VersaHandler, Wheel Loader, Utility Vehicle or Toolcat, you'll experience superior Bobcat of Dallas customer service. This customer service also

extends to our general line of concrete, masonry supplies, and equipment such as rebar, drills, wet/dry blades and saws, trowels, mixers, and decorative concrete supplies.



Pollo Tropical – Open Fall 2015

Address: 401 N. J Elmer Weaver Frwy (near Home Depot)

Description: "What began in Miami as a simple recipe for citrus-marinated grilled chicken has evolved into a world of tropical flavors, and is quickly transforming into a lifestyle of happy, healthy, laid-back fun. From our signature grilled chicken and slow roasted mojo pork, to world-renown Create Your Own TropiChops®, nothing surprises and delights like our fresh-made food served in a Caribbean inspired atmosphere."



Burlington Coat Factory – Open Fall 2015

Address: 229 East FM 1382 (near Krogers)

Description: "Burlington, a leading national off-price retailer, has announced that it will open a new 48,136 square foot store in fall 2015. The new Burlington will be located at The Market at Cedar Hill Shopping Center, and bring approximately 50-100 new jobs to the Cedar Hill community. The store will feature ladies' apparel, accessories, menswear, family footwear, children's clothing, a broad assortment of furniture and accessories for baby at Baby Depot, home décor and gifts, and the largest selection of coats in the nation at up to 65 percent off department store prices every day.



Five Below – Open Fall 2015

Address: 707-751 US Highway 67 (near Target)

Continued on page 15

Staying Connected

by Colin Chenault, Lieutenant, Special Services, CHPD

Thank you for inviting us to be a part of the Lake Ridge Community newsletter. With today's busy schedules, we understand how important it is to stay connected through a variety of communication methods. From newsletters, email, phone calls and now social media, we do our best to make ourselves accessible to those we serve.

In 2013, we expanded our communication methods with the use of Nextdoor.com. As of today, we're happy to report that over 3000 people are using Nextdoor to communicate with us about crime concerns within their neighborhoods. They're also using it to facilitate communication with each other through discussion of local neighborhood concerns. No crime prevention program can replace good 'ole fashion neighbor watching out for neighbor, and that happens when we connect with those we live around.



In 2014, we launched our social media platforms with the creation of a Facebook page, Twitter account and YouTube channel. We use each of these platforms to engage our audience in different ways and we're thrilled to tell you that we have had great success. Our Facebook page is the second most followed police department page in all of Dallas County and the sixth most followed in the D/FW area; including cities in Denton and Collin Counties. With over 11,500 followers in our first year, we know that the success comes through our desire to use social media to connect with others by engaging with them in a unique way.

If you're not following us yet, we invite you to see what you've been missing by connecting with us on Facebook, Twitter (@CedarHillPolice), Nextdoor, YouTube (Cedar Hill Police Media), and our newly established Instagram (cedarhillpolice) account.

New Business continued on page 14

Description: Five Below's dynamic assortment of merchandise includes everything from sporting goods, games, fashion accessories and jewelry, to hobbies and collectibles, bath and body, candy and snacks, room décor and storage, stationery and school supplies, video game accessories, books, dvds, iPhone® accessories, novelty and "gag," and seasonal items. Five Below combines exceptional value with trend-right, quality merchandise in a vibrant shopping environment.



HER: Lounge – Mid-October 2015

Address: 316 W. Beltline, Suite 203

Description: HER Lounge provides top level beauty services for exclusive clients, in an upscale and comfortable environment. HER: Lounge is the first choice for busy women in the public eye, ladies desiring the celebrity styles seen in magazines, and those who treasure classic elegance. Award-winning stylist, Tish Smith, uses the most innovative techniques to provide the looks you dream of, without compromising the strength of your locks. Lake Ridge resident, Pam Morris says, "Tish is a very talented hairstylist who believes in healthy hair!"



Neighborhood Walmart – Fall 2015

Address: Corner of Beltline Rd & Joe Wilson

Description: Walmart Neighborhood Market is designed to be the opposite of vastly larger superstores. These smaller stores are meant to "woo shoppers with easier parking, less crowded aisles and quicker checkout." Walmart Neighborhood Market stores offer a variety of products including a full line of groceries.

Hoarding Disorder

by Terry Sutton

Hoarding, when you hear the word what do you think about? If you are like most Americans with cable TV, you think of reality shows showing impossibly cluttered homes and desperately fragile people engaged in an emotional tug-of-war with experts who have come to “help” them. This is not a fleeting phenomenon. Literally millions of people are affected by this disorder.

A year and a half ago I became immersed in this disorder through my job with ServiceMaster where I am the Marketing and Education Manager. ServiceMaster Clean, our parent company, had just partnered with Matt Paxton, star of the *Hoarders* and *Extreme Hoarding* TV shows and his company, **Clutter Cleaners**, to perform Hoarding Resolution. I was invited to go through training with Matt Paxton and a new chapter in my life began. Hoarding Disorder is now an official mental disorder and is listed in the latest American Psychiatric Association’s publication, DSM-5 (Diagnostic and Statistical Manual of Mental Disorders). My background in ministry and counseling set me up as an eager learner about the disorder and how to help those affected.

I learned that there are many different types of hoarders; from animal hoarders to information hoarders, to shop-a-holic hoarders to collector hoarders. There are 12 to 15 types depending upon whom you read. There are even styles of hoarding that give clues to the genesis of this anomaly in a person’s life. Interestingly, no matter where you go in this country there are hoarders. The promptings and acting out of their disorder is remarkably consistent, even though not one of them attended “hoarding school” to learn how to do it. This consistent pattern and prompting reflects a consistent source. Almost every person affected with Hoarding Disorder has experienced a significant life trauma. But, it is a life event from which they have never sufficiently recovered. That is why we never physically clean a home without the assistance of a counselor, therapist or coach. The hoarding is just the symptom, not the entire issue.

I joined the *Dallas Area Hoarding Task Force* over a year ago to learn and to help people with this issue. It has been a wonderfully rewarding experience.



Because of that involvement I helped start the *Tarrant Area Hoarding Taskforce* last September and serve as its chairman. Both Task Forces include employees from cities such as Dallas, Fort Worth, Arlington, Hurst, Bedford, Euless, Saginaw and others. Cities, through code enforcement, community services and police departments are faced with this hoarding challenge in a growing way. In fact, Tarrant County Judge, Glen Whitley, has released one of his employees to actively serve on the Task Force which meets monthly. In Dallas, Valencia Hooper-Anderson, a city of Dallas employee in Senior Services, is a vocal and tireless advocate for those affected with Hoarding Disorder. She helped start the Dallas Area Hoarding Task Force. MHMR (Mental Health Mental Retardation), Adult Protective Services, Mental Health America, Area Agency on Aging, Meals on Wheels and a host of other agencies and non-profits now participate. While Hoarding Disorder is not strictly a senior issue, it is a major concern. Both the Dallas and Tarrant Area Gerontological Societies are active members, as well as, ministries and service providers.

So, what is “Hoarding?” It is the compulsion to gather as much “stuff” as possible. It is not an addiction, it is a compulsion. It’s root is not physio-genic, but psychogenic. Many times hoarding is associated with OCD (Obsessive-Compulsive Disorder). But, with the release of the latest APA DSM-5 Hoarding Disorder stands on it’s own as an emotional/psychiatric malady. It is a popular topic because of it’s assumed uniqueness. What you see on TV is true. A recent poll showed there to be upwards of 10 million people with “Hoarding Disorder” in America.

Continued on page 26

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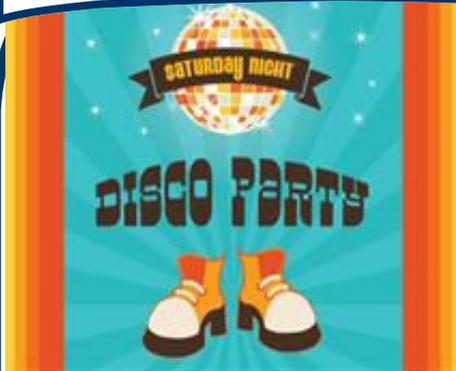
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Community News



Disco Party Saturday, October 17th 7 pm - 11 pm Historic Downtown

The Cedar Hill Arts Council and Main Street invite you to boogie down at our Saturday Night Disco Party! Wear your groovy duds and bust out your funky moves for the costume contest and lip sync battle!

The fun begins at 7 pm on Saturday, at Pioneer Park in Historic Downtown.
For more information contact Al Armistead at 972.765.6475.

Ghosts, goblins and ghouls invade
historic downtown for
Scare on the Square

Thursday, October 29, 2015
6:30 - 8:00 pm in Historic Downtown

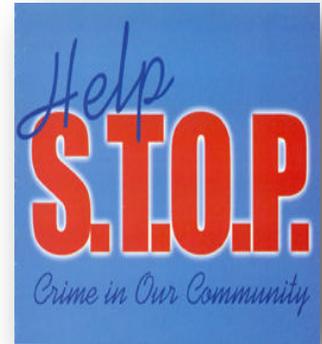


Holiday on the Hill Thursday, December 3rd

Celebrate the start of the season at the Holiday on the Hill annual tree lighting & holiday celebration. View the lighting of the tree, enjoy dancing and singing performances on two stages, shop the downtown stores, plus much more. Make sure to stop by the tree to get your complimentary picture with Santa after his grand entrance.



The Lake Ridge Riding Club
 Interested in joining? Email new contact
 Mary Drawhorn at drawsouth@aol.com



Made a change in your email address
 lately? Send your change to:
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 Fx: 972.291.5340

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A Safety Message

By Curt Batie

I'm writing this in mid-August, 2015. Many of those who initially read it will already be familiar with the events, but in the hope that it gets distributed widely and reaches those who are not I'll include a description of what happened. Please feel free to share this with anyone you wish.

During the very early morning hours of July 6, in a special trauma ambulance racing between Mansfield Methodist Hospital and the Harris Methodist Trauma Center in Fort Worth, I bled out, coded, and died.



Obviously they were able to resuscitate me. It took miracle upon miracle, but I made it and I'm on my way to recovery. It is an incredible story of all the people who went to such heroic lengths on my behalf, but that story is not the purpose of this message. Rather it is to give a real world example of decisions, actions, and consequences, and to hopefully prevent someone else from coming as close to the edge as I did, or worse.

The event began right before bedtime (around 10 p.m.) on Sunday night, July 5th. While reading in bed, I suddenly began feeling severe pain throughout the right side of my chest and abdomen from waist to shoulder. At that point I had roughly 20-25 minutes to take action to positively affect the outcome. I beat the deadline (pun Intended), but with literally only seconds to spare.

Several days earlier I had had a bout of bronchitis. Between a steroid shot, antibiotics, and prescription cough medicine I was almost recovered but still had a bit of a cough remaining. While not certain, the doctors believe that coughing caused old scar tissue adhesions within my chest to tear loose, causing severe internal bleeding. (The old scar tissue may have been from other bouts of bronchitis over the years.) To me at the time it felt like the worst gas pains I'd ever experienced and was accompanied by a lot of belching, so my first thought was food poisoning. The pain was severe enough that I considered, but quickly dismissed, the possibility of a heart attack. It was all on the right side, and I could feel the "gas pains" move around as I changed position. Much of the pain was also low in my torso. My wife asked if I needed to go to the ER but I didn't even really consider it. I thought if I could just get some relief from the "gas pains" I'd be able to sleep it off and would be okay in the morning; after all, food poisoning usually doesn't last that long. I took some antacids and they seemed to help momentarily, so my wife volunteered to run out to a nearby pharmacy and pick up something that might provide more relief.

While she was gone the pain worsened. Laying down became unbearable but sitting up was slightly more comfortable, so I went into my home office, sat at the computer, and did a search for heart attack symptoms. I found the Mayo Clinic website and assured myself (again) that I wasn't having a heart attack, so whatever it was I'd be okay soon. Within a few seconds, though, I got very light-headed and dizzy. I got my cell phone and called my wife on hers – no answer, so I left a message that maybe she should come home and take me to the ER after all. (Unfortunately it was one of those cell phone glitches that happen sometimes; her phone never rang, and my message showed up two days later.) At that point things went down hill fast. The dizziness and light-headedness increased to the point I thought I would black out, or maybe I actually did black out momentarily. I came round half slumped over my desk. Through a haze I reasoned that if my wife came home and found me passed out she'd never be able to get me into the car for transport to the ER. She'd have to call an ambulance, so I might as well call and get one on the way.

Continued on page 23



Many minutes later than I should have, I finally dialed 911. The dispatcher was great, he got my address, made me repeat it, and asked the nature of the emergency. I said something about a possible heart attack and told him I felt like I was about to pass out. (At the time, saying heart attack seemed simpler than trying to describe all the

actual symptoms.) He kept me talking and I gave him my wife's cell phone number and asked him to call her. While talking to him, I foolishly made my way to the closet to get dressed. I got a pair of shorts and t-shirt in hand, but by then was reeling and staggering to stay upright. The dispatcher urged me to go unlock the front door. I told him we had big dogs, so he asked if I could make it out to the front porch. I realized I could dress or try to make it to the door, but not both. I remember finally realizing that this was a real emergency, so still grasping my clothes I made it out to the front porch in my underwear just as the fire truck arrived. (Fortunately there is a fire station within a mile of our house.) I stood there as the firemen came to the porch, which seemed to take forever. I told them about the pain, that I felt like I might pass out, and that I needed to lean against the wall for a minute. The next thing I remember is sitting on the ground propped against the wall with firemen and EMTs starting to load me onto a gurney. My wife was there, and she was preparing to follow the ambulance. From that point it's only flashes of memory as I drifted in and out of consciousness. I remember going over the lake in the ambulance, the bumps of the bridge expansion joints were very painful. I remember thanking the EMTs and apologizing for being such a bother. In brief flashes I remember being unloaded at the hospital, being put into an MRI, and the EMTs and firemen wishing me well. I woke up once to find that my daughter had joined my wife, and later to find my sister-in-law there as well. I remember telling them I loved them. And that's all, until a week later.

For the next week I was in a coma, and it was pretty much a nightmare for my family and friends. There at the hospital in Mansfield the doctors had seen the MRI results and immediately realized the situation was beyond their capabilities; my entire chest cavity was filled with blood and both lungs were 85% compromised. As an emergency stopgap they put in a chest drain tube to keep me from asphyxiating, and my wife and daughter watched as most of my blood gushed onto the floor of the ER. Even the doctor and nurses were shocked. They had summoned a special CareFlight trauma ambulance, which at that time of night was as fast as a helicopter but had the advantage of being large enough to contain a full operatory. They worked on me all the way to the Trauma ER at Harris Methodist while the driver kept my wife distracted. He did well; she didn't realize I had bled out until a nurse accidentally let it slip a few days later. Once at the Trauma Center I was rushed into emergency surgery while the hospital staff cautioned my family that I was in very critical condition and might not make it. A few hours later a second surgery was needed; this one even riskier because I hadn't stabilized from the first. My family was informed that my odds this time were less than 30%, and the hospital staff offered to send for the chaplain. My wife, bless her, responded that there was no need for a chaplain, I was going to live. The adult male human body holds about eight units of blood; they put fifteen into me that night, at times squeezing the bags because it was coming out faster than going in.

Obviously I made it through the surgeries but their nightmare wasn't over. For the next couple of days things were very touch and go, and they continued to prepare my family for the possibility that I might pass at any time. On about the third day they began cautioning my wife that my body might live but that brain death from a lack of blood/oxygen was a real possibility, and that decisions might have to be made. More days passed and an EEG showed that I had brain activity, but being in a coma and unable to respond to stimuli, they couldn't tell how much. My wife was informed that it was very likely that I would be significantly impaired, perhaps down to the level of a 10 month old, though it was possible I could re-learn a little over time. On Saturday, July 11th they began bringing me out of the coma but I responded very slowly, heightening everyone's fear of brain

Continued on page 25

The Greens in Lake Ridge

by Emiel Hill



Tree Lined Community, Golf Course, Private Pond, Neighbors that care and View's that are Priceless. This is the only way I know to describe *"The Greens in Lake Ridge"*. We have lived in *"The Greens"* community with our daughter for 8 years and it has been a joy. You NEVER know what you're going to get when you move, but we couldn't have chosen a better community. In *"The Greens"*, it's peaceful, quite, you can take evening walks without all of the traffic, the neighbors are active, so there is always the opportunity to chat. We've had several neighborhood events at different homes, so we are always up to welcoming any new neighbors to the community and have a chance to catch up on the latest activities.

Living in *"The Greens"* has really been a great experience and we are looking forward to many more relaxing years.

If you have not registered on the website please do so in order that we can include you in our email blasts with important information or announcements. Go to www.lakeridgepoa.org and on the left side click on "NEED TO REGISTER".

You will find great information on the website which includes: Property documents, committee information, city information, bill paying capabilities, violation information and much more.

Also, please send an email to crollwitz@cmamanagement.com if you do not receive emails.



damage. It wasn't until Sunday that I more or less woke up and everyone realized that I might eventually be okay.

This might all seem overly dramatic but it's actually just the tip of the iceberg, just enough to describe what happened and give some sense of the hell that my loved ones experienced. The entire series of events was

miraculous enough that word spread throughout the huge Harris Methodist hospital complex, and they see it all. We lost count of how many nurses, technicians, specialists, and staff we encountered from all parts of the hospital that all wanted to know, "You're the guy? The one they brought back?" In the month since, I've made good progress toward recovery though there is still a long way to go. We've been told complete recovery will probably take a year or so, but at least the outcome is no longer in doubt.

This has been very difficult for me to relive and to write down, and it's taken the reader awhile to get to this point, which finally gets to the purpose of this document. That purpose is to spread this message: **If in doubt, any doubt whatsoever, get medical help right away. If you have the slightest suspicion that it could be an emergency situation, treat it as if it is one. Act immediately because you don't know how much time you have or how rapidly the situation might deteriorate. Above all, do everything you can to ensure that your loved ones won't have to go through what mine did – or worse.**

If you're ever in a situation where you're wondering if it's appropriate to dial 911, quit wondering – just pick up the phone and dial. In the words of one of my doctors, don't act like a man. Don't try to walk it off or rub dirt on it. If you call 911 and it turns out not to have truly been an emergency situation, what are you out? Some time and an ambulance fee, most of which will be covered by insurance. But if you don't call, *right away*, and it is an emergency, you risk everything. I had at least 20 minutes to act but was literally within seconds of waiting too long. Please don't let that happen to yourself or those you care about.

Sincerely,
Curt

Communications Information

Email Web Telephone

communications@lakeridgepoa.org (General)
www.lakeridgepoa.org (Our web site)
972-299-5270 (Association Manager)

websiteinfo@lakeridgepoa.org (Web)
www.cedarhilltx.com (Cedar Hill)
972-291-5100 (City of Cedar Hill)

www.gptx.org (Grand Prairie)
972-237-8000 (City of Grand Prairie)

www.lakeridgepoa.org (Request to Login)

Committee Information

To join a committee or volunteer your time, please send an email to:

Architectural Control Committee
architecture@lakeridgepoa.org

Communications Committee
communications@lakeridgepoa.org

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finance@lakeridgepoa.org

Maintenance Committee
maintenance@lakeridgepoa.org

Landscape Committee
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Love Living in Lake Ridge

by John Monroe



My wife Sharyn and I moved into our new home in Lake Ridge in 2002, after spending an eventful 2001 watching the construction. One point of interest is that we installed about 100 18" piers through over-burden material and fill down to a shale layer. We utilized about 2' of penetration into the shale. Piers varied from 12-30' from the surface.

Having lived in Lake Ridge for almost 13 years, we enjoy everyday as the area is probably the "most scenic" area in Dallas County. When I was working, the easy access to DFW Airport was beneficial.

Since retiring in 2011, I have the opportunity to walk and to ride my bike in Lake Ridge. The streets in the various neighborhoods and the new hike and bike along Lake Ridge are outstanding. I rarely encounter cars and feel very safe.

The parks and golf course we are fortunate to have are special and contribute to our community. Now that we have a "newly remodeled" clubhouse we can expect more adventure in the months ahead.

In closing, for Sharyn and me, there is not a better place to live in Dallas County or the DFW area.

Hoarding, continued from page 16

And, countless family and friends of Hoarders are affected. It is real issue and it is not going away.

I speak on the topic frequently and one consistent question is always asked; how do you differentiate between a person who is just messy (or cluttered) and someone with hoarding disorder. It is a valid question. The answer is rather involved. In a nutshell, when a person begins to disassociate with family and friends, when their domicile loses it's normal function and when they begin to abandon personal hygiene and social norms there is a problem. We all have seasons of clutter. Seasons when the kids are home from college and your garage is the staging area before the next year in school begins. Or, the season when there is a death in the family and you, as an heir, become the recipient of items belonging to the dearly departed. Or, the season when a person is ill or injured and cannot physically handle their setting. Or, the season when mom or dad must move into a senior community with a room 1/6 the size of the house in which they lived for years. And they take a lifetime of belongings and items with them. We all have stuff. The problem is when the stuff has you.

Helping the person with Hoarder Disorder is a process. Not an event. These people need our compassion and understanding, not our criticism. You would not believe what many of these folks have experienced. Their hearts have been broken, their dreams shattered and they have been ridiculed by family, friends and professionals. Many of them have crossed the threshold of personal validation from human to animal validation. In the months to come I would like to explore the mind of the hoarder with you so that you can begin to understand it and what is being done to help. And, what you can do if you are faced with this situation. Hoarding Disorder knows no socio-economic, gender or ethnic boundaries. You drive by homes on a daily basis that are occupied by someone affected. Not only is there help for the hoarder. There is hope for the hoarder.

A Cement Artist in the Woods

Submitted by Anita Hall

William Hall has been living in Lake Ridge since 2001, when he finally finished working on the home he designed and helped build. A multi-talented artist, Hall envisioned a home with an office to service his illustration clients, room for a fine art studio and a wide open area for a gallery to showcase his work. The wooded lot on Ivy Court is slanted toward the back of the house, accommodating a walkout basement to support the fine art studio and gallery.

In the process of building the home and personally laying thousands of feet of tile, Hall became fascinated with the materials. As he states on his website, "During the construction of my home there were many masonry tasks that needed to be done. I had to do a lot of work with colored grouts and several different forms of plaster. I was struck with the versatility, by the textures and colors that were possible. My brain began to whirl with all the many applications this medium could foster in my work. It was like wiping the slate clean, nothing felt familiar, no influences of other artists to avoid. My art could be an exciting adventure where I experiment, break new ground and trust my instincts once again.

William Hall's art is non-objective abstract clearly influenced by his love of nature, prompting his desire to live in Cedar Hill and Lake Ridge. Over the past decade, through constant experimentation and the sheer volume of work, his technique has evolved into sort of a mono-print.

"Instead of paper, I transfer the image onto a 1/4 inch thick light weight cement slab and instead of ink or paint, I use dry pigment mixed with cement and acrylic polymer. I am working in reverse on a large sheet of tempered glass." Unlike traditional painting, the colors he puts down first will appear on the surface of the finished piece and not be obscured by subsequent layers. Once the pigmented cement has cured on the glass, forms are attached and a thin cement slab is poured over the dried pigment. As this slab cures, the pigments are absorbed and bonded. Finally, the cured slab is pried from the glass and turned over for the "reveal". The cement is then hand polished and sealed before being attached to a 2 inch-thick ridged fiberglass and foam support. A finished 40" x 40" piece is light enough to hang on a wall, averaging about 15 lbs. Hall has developed this unique blend of painting and sculpture and appears to be the only artist creating in this manner. As he states, "Each piece is a new discovery and opens my eyes to new possibilities."

William Hall's work can be viewed at:

www.williamhallart.com or

on YouTube at:

youtube.com/user/WilliamRHall



"Time Tracks" detail

A Gardener's Secret: Fall is the Best Season for Planting

by Zandra Faris, Dallas County Master Gardener

The weather will soon change to cooler days, and we all can get outside to garden and plant for the upcoming spring. It will be a great time to also plant fall color in your garden or containers with mums, fall aster, snapdragons, ornamental cabbage, and a beautiful carpet of pansies.

OCTOBER PLANTING:

- ◆ Trees, hardy perennials, and shrubs: plant these in late month; and they will have plenty of time to develop strong roots. Do not plant any of these plants if they are tender for this area of Dallas County (zone 8).
- ◆ Early in the month, dig up and divide spring perennials such as irises, daylilies, Shasta daisies, coneflowers, and gladiolas. Replant in other garden areas, or these plants are great gifts for your friends and neighbors.
- ◆ Plant daffodils!

NOVEMBER PLANTING:

- ◆ Prepare your soil with a good finished compost to help all plantings get off to a good start.
- ◆ Continue to plant shade trees, shrubs, and hardy perennials.
- ◆ Continue to follow any of the October planting information
- ◆ If you divide and replant listed plants above, water them immediately and apply a water soluble fertilizer.
- ◆ Plant perennial ryegrass for winter cover either in October or early in the month of November.

DECEMBER PLANTING:

- ◆ Fruit trees - plant varieties that are for our North Texas area; recommendation is to go online to aggiehorticulture.tamu.edu; under fruit resources or search for varieties of North Central Texas.
- ◆ Winter-foliage plants - junipers, mahonias, nandinas, lorepetalum, and wintercreeper groundcover.

HAPPY GARDENING!



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